



# INTERNATIONALLY CERTIFIED NUTRITIONIST?

Here's your chance to Join the Health & Wellness Industry



## **Course Overview:**

This is one of the ultimate nutrition course in the World, with no equal. Embark on your education with the assurance that you're studying one of the most advanced & up-to-date nutrition course available.

In the last 25 years, British Learning has been synonymous with Internationally Accredited courses that have been trusted & have touched students' lives in over 35 countries. The need for awareness about Nutrition & Wellness has risen in recent times. Due to different lifestyle patterns & hectic schedules, there is an increasing demand for Nutritionists & Dieticians worldwide.

Post Graduate Diploma in Nutrition is the latest offering from British Learning, Which is jointly conducted with London College of Learning (UK). British Learning is a leading brand in the Global Online Education, Trusted by students' in over 35 countries.





## **Course Overview:**

Post Graduate Diploma in Nutrition course includes an extensive understanding of anatomy to understand nutrition needs. Beginning with the fundamentals, we swiftly delve into complex concepts. After completing this course, you'll be able to interact with people who have lifestyle problems including diabetes, obesity, thyroid, or PCOS/PCOD & sports athletes with confidence!

A bonus point is that the **BRITISH LEARNING** Curriculum also includes sample diet plans for different age groups & different health conditions, as well as house pets.





## WHY BRITISH LEARNING?

Registered Subsidiary
Company in England &
Wales

Quality Standards as per UK Certification & Inspection

Accredited to CPD (UK) for Continuing Professional Development

A part of London College of Learning (UK).

ISO/IEC 27001:2022 Compliant for Data Security

International Advisory Council of World Class Professionals

#### INTERNATIONALLY VERIFIABLE CERTIFICATE.

Learning Made Easy,
Future Made
Secure







## WHAT WILL YOU LEARN?

British Learning offers the most comprehensive PG Diploma in Nutrition which covers the following topics:

- Anatomy of the Digestive System & Organs of the Accessory Digestive System
- Classification of Carbohydrates & Vitamins
- Nutrient requirements for Infants, Children & Adolescents
- Understanding the difference between Vegetarian & Vegan diets
- Common Food Allergies in children
- Nutritional Requirement & Importance of Diet & Health during Pregnancy
- Model of Nutritional Diet Plan for Pregnant Mothers
- Benefits & Challenges of Breastfeeding & Formula Feeding
- Model of Nutritional Diet Plan for Lactating

  Mother
- Guidelines for Feeding and Recommendation of Diet chart for Weaning baby (Age group 6 to 12 months)
- Nutritional Requirements for Toddlers & introducing Five healthy food groups
- Model of Nutritional Diet Plan for ages
  1 to 5 years
- Healthy eating habits and the Importance of healthy Meal Plans for Children aged 6 to 12 years
- Model of Nutritional Diet Plan for ages 6 to 12 years

- Understanding changes during Adolescence & Nutritional Needs
- Model of Nutritional Diet Plan for Adolescents aged 12 to 18 years
- Understanding the Habit of Picky Eating, Causes & Consequences
- Importance of Weight Management & Strategies for Weight Gain & Weight Loss for children
- Model of Nutritional Diet Plan for Adults aged 18 to 40 years
- Importance of Geriatric Nutrition & Diet Requirements
- Model of Nutritional Diet Plan for Adults for age 40s & above
- Superfoods for Adults & Children
- Nutrition for Pets
- Individual Diet Plans
- To understand the role of Nutritionists & strategies to grow business





## **WORLD-CLASS FEATURES:**



Internationally verifiable certificates.



Content contributed by top-notch experts.



A world-class mobile app.



Top-notch training through professionally curated lectures.



A world-class server ensuring 99.9% uptime.



Live webinars & doubt-clearing support.



Course validity for 12 months post-purchase.



Professional recorded video lectures & workbooks.



Self-paced learning.



Dedicated placement support.



Verifiable Professional ID-Card





## **WHO SHOULD ENROLL:**

- Individuals planning a career in the Health & Wellness Industry.
- Health Enthusiasts & Aspiring Nutritionists.
- Gym, Yoga, & Zumba Instructors.
- Fresh graduates from any stream.
- Health-conscious Individuals.



## **CAREER OPPORTUNITIES:**

- Sports Nutritionist
- Health Coach
- Holistic Nutritionist
- Certified Nutrition Specialist

- Nutritional Therapist
- Personal Nutritionist
- Corporate Wellness Consultant
- Nutrition Educator



## STEPS FOR SUCCESS

Our online platform offers a seamless learning experience allowing you to begin your learning journey with just a few clicks.



Login using your credentials

Access pre-recorded audio & video lectures or explore comprehensive training material prepared by our experts.





Join live classes scheduled by your mentor to address any doubts that you may have.

After course completion within 1 year, you can appear for a simple MCQ test.





After successfully passing the exam, you can download a soft copy of your Provisional Certificate from your account.

Your original hard copy of the Certificate, Transcript, British Learning Certified Professional ID-Card Employment reference Letter will be couriered to you.





## GET AN INTERNATIONALLY VERIFIABLE CERTIFICATE, TRANSCRIPT, EMPLOYMENT REFERENCE LETTER & BRITISH LEARNING CERTIFIED PROFESSIONAL ID-CARD







DR. ANOOP POOMADAM



DR. RAJESHRI MALANKAR



DR. FARHIN IRFAN BANGALI



DR. AKSHAY KUMAR



DR. NAYANA RAFUGAR



DR. SHIGIL MATHEW VARGHESE



DR. ESTHER SWETT



DR. DIWAKAR RAI



DR. AYUSH PANDEY





**DR. MALATI** 



DR. PARVEZ AHMAD AZAD



DR. NEELU KHURANA



DR. GIRISHKUMAR



DR. RITU PARNA MOHANTY



DR. NEELU KHURANA





#### **BHARATHY VENKATESH**

Adequate information with clear explanation. Supportive team. Glad to have enrolled for the course at British Learning. One the beautiful & best platforms that Lenioved Jeanning.



#### **BHARTI KHANZODE**

It was good ma'am has thought very nicely. Each & every content is explained by ma'am. Thank you so much.



#### **SHIVANI ARYA**

Very good experience life changing descision to join courses Thanks alot team of British Learning.





#### **PRACHI MYAKA**

My experience with this institute was very good.. Good content, easy to understand, people willing to help. A big thumbs up from me.





Immediate response to all the queries. Never found it difficult to complete the course.



#### **SENTHIL VELU**

Nice learning experience through online like notes, ppt, & video lectures. Excellent support & guidance from our Indian staff's office/online.



#### **KANWALJIT KAUR**

Great learning experience with British Learning. They made everything so easy. I love learning with them.



#### **SWETA MOOTHA**

It's really worth doing a course from British Learning & new learning experience & educating myself in a smart way.







## IN THE MEDIA





## Entrepenuer Stories

LATEST

"British Learning wins International Global Award for Distance Learning Excellence"

#### THE TIMES OF INDIA

Teachers get lesson in helping kids deal with post-Covid pandemic trauma, mental issues

Mohammed Wajihuddin / Mumbai Mirror / Jan 29, 2023, 10:10



The course is conducted by Ressry Club of Humbai in association with British Learning



### **FELICITATION OF OUTSTANDING PROFESSIONALS**















#### Get in touch now



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**Enroll Now** 



www.britishlearning.uk